

Bath Area Family Resource Center

Drop-in hours are generally Monday through Wednesday, 8:45 a.m.-3:00 p.m. and Thursday, 8:45 a.m.-5:00 p.m.



**Bath Area
Family
Resource Center**

Connecting families, schools & communities

There are occasional changes in open hours. For a monthly calendar of events, please call or email BAFRC Coordinator Maria Quintal at 776-4123, ext. 5650 or bafrc@bathcsd.org.

Welcome to the Bath Area Family Resource Center

Connecting families, schools and communities



Located in room 27 at Vernon E. Wightman Primary School
216 Maple Heights • Bath, New York 14810
776-4123, ext. 5650 • bafrc@bathcsd.org

Bath Area Family Resource Center

The Bath Area Family Resource Center (BAFRC) offers parents, grandparents and caregivers a safe place to drop in and play with their children, interact with other children and adults and participate in special programming.

- The mission of BAFRC is to build stronger families and communities in the Bath area by providing information, parenting education and support in an empowering environment.
- BAFRC envisions a community where all children and families are strong and thriving.



Guiding principles of the BAFRC:

- **All** families are welcome.
- **All** parents and caregivers can benefit from information and support.
- Great parents are made, not born.
- Early childhood development is critical for life-long health and school success.
- Parents are recognized as their child's first teachers and their continued involvement in their children's education is vital.

BAFRC offers:

- Child-parent activities.
- Learning and social opportunities for children, parents and caregivers.
- Parenting education in supportive peer groups and classes.
- Information and links to services in the community.
- Programs promoting family health.
- Opportunities for parent leadership and advocacy.

Some BAFRC programs have included:

- Peaceful Parents/Peaceful Children
- Parenting with Heart
- 1, 2, 3 Magic
- Sign Language for Babies
- Infant Massage
- Itsy Bitsy Yoga®
- Baby & Me
- Music and Movement
- Make a Joyful Noise!
- Arts in the Courtyard
- Cooking with Jon
- Feeding your Family
- Financial Help
- Game Night with a Favorite Guy Buddy
- Preparing Your Child for Kindergarten
- Mental Health topics
- Support groups

Drop-in play

The center offers drop-in playtime for children accompanied by a parent or caregiver. Families enjoy playtime with manipulatives and sensory play as well as areas for infants, art, dress up, building blocks and books.

Playgroups such as Social Butterflies, Little Learners and Story Hour are provided regularly by area agencies. Most programs include a healthy snack and organized activity.

Become a volunteer

Volunteers are always welcome! If you would like to volunteer your time or talents, please contact the BAFRC.

Donations

Monetary donations are tax deductible and greatly appreciated.

